

# New Bridge Annual Report 2018

To All the team at NewBridge Befreinders,  
I am writing this letter to say  
thankyou for my B"day card. I was  
so touched when that came through  
my door and you will Never  
understand the happiness It has  
made me feel. I havnt had a B"day  
card off nobody since I was  
14 years old, so Thankyou with all  
my heart. I hope you are all okay  
and well, and happy as can Be.  
Thankyou



**By befriending people in prison New Bridge volunteers help them to reconnect with the world outside.**

**New Bridge is non-judgemental, trustworthy and constant in support of people in prison. A befriender writes letters, visits the person in prison and keeps in contact wherever the person moves to. Anyone in prison who wants a befriender can write to New Bridge.**

**I'm in contact with no-one apart from New Bridge due to the fact that no-one else wants to know me. Since signing up, New Bridge has helped me develop new goals and ambitions for my future. It has helped me to trust people again. Furthermore, it has realistically changed my life. New Bridge is 10/10 befriender service**

## HRH Princess Alexandra – 50 years as Patron of New Bridge

In 1968, HRH Princess Alexandra became patron of New Bridge and has been thoroughly loyal in her long patronage. New Bridge is just one of more than 100 organisations of which she is patron or president which reflect her wide-ranging interests, from the arts to healthcare.

In her first year as Patron, the Parole Board was set up: Lord Longford had chaired a committee which recommended a parole system. The prison population was around 30,000. Women as a proportion of the prison population fell to 2%, the lowest figure in the 20th century. Some prisoners were still sewing mail bags by hand. Home Secretary, Roy Jenkins, was shocked by the practice of 'slopping out' but new build prisons were no different.

Described as "one of the most popular members of the Royal Family," Princess Alexandra has carried out an extensive number of engagements on behalf of The Queen since the late 1950's and she continues to be an active member of the Royal Family.

Princess Alexandra has attended as many of our events as she has been able to. She opened our Brixton office in 2014; joined us for our 60th anniversary celebrations in 2016 and has come to almost all our annual Celebrations of Christmas concerts – describing the evening as her "first real start to Christmas". In 1993, when Princess Alexandra had been Patron of New Bridge for 25 years, she attended our Celebration of Christmas and met members of 'Killing Time' a music group from HMP Standford Hill as well as actors, James Fox and Robert Hardy.



HRH Princess Alexandra

In this 50th year as our patron, New Bridge thanks HRH Princess Alexandra for her unswerving support and her deep interest in criminal justice and life in prisons.

## Chairman's Foreword



None of us can remember New Bridge urging our supporters or volunteers to remember us in their will. Many charities receive a good proportion of their income from legacies. They promote the value of legacies to charities and remind their supporters of the incentive for those whose assets carry them into the inheritance tax category. Despite our lack of attention to this possible source of funds we received around £250,000 in 2018 from the wills of two people.

There are worse problems for the trustees of a small charity than receiving unexpectedly a sum of money close to a year's expenditure.

We have given a lot of thought to how we should respond. It certainly didn't seem a good idea to stop fundraising altogether for a year or so and live on the legacies. We were guided first and foremost by our ambition to recruit more volunteers to befriend more prisoners. For that growth to be sustainable it needs to be gradual and we need to grow our income in parallel with more befriending.

I am proud of how New Bridge makes our income go as far as it can but recruiting and training volunteers, the travel costs of visits to prisons and attendance at support groups, good relationships with HMPPS and individual prisons and inescapable administration like the new regime on data protection all cost money.

So we decided to use £50,000 of the legacies to keep growth on track in the short term and to continue making every effort to grow our income to match our ambition to grow befriending. The remaining £200,000 has been invested responsibly. It will produce a modest income which will help our growth. In due course the trustees may want to use some or all of the capital to extend our impact, but for the time being we will concentrate on sustainable income growth to pay for more sustainable befriending.

Although it made us think pretty hard – and made some of us guilty for not promoting legacies before now – I do want to thank warmly the two people who included us in their wills and, of course, the many people and trusts who supported us with gifts large and small in 2018. Each gift was vital for our work and we hope that you will stick with us in 2019 and beyond. The need is as great as ever. If you support New Bridge's work and it is appropriate, given your other responsibilities, please remember us in your will. Please don't think that a smaller gift will not be greatly appreciated. If a larger gift is possible don't be put off by reluctance to give the trustees or their successors something to think about.

**Joe Pilling**

## Chief Executive's report



New Bridge befriends people in prison through a network of 250 volunteers – our befrienders – who write to and visit the people they befriend. New Bridge is unique because the befriender is a constant and keeps in contact with the prisoner wherever they may be moved to.

Prison is a lonely place. 12% of people in prison never receive a letter and 30% are not visited by anyone during their time inside. New Bridge befriending brings isolated prisoners personal letters with news

of the world outside and someone to talk things over with, who doesn't put a label on them and doesn't make a promise that won't be kept.

638 prisoners were befriended by New Bridge in 2018. 381 had visits and 9,640 letters were exchanged with volunteers. Around half the prisoners befriended were serving indeterminate sentences and most of the others were serving long determinate sentences; 20% for murder or manslaughter and over 50% for sexual offences. Most will be released.

Each year we ask prisoners about their experience of befriending. 26% had no contact at all with the outside world before getting in touch with New Bridge. For many the befriending relationship may be the first true friendship they experience. 92% told us that a New Bridge befriending relationship reduced their feelings of isolation.

Befriending takes time to arrange. A lot of information has to be exchanged with prisons. Some prisons give speedy responses, others are slow. New Bridge HQ keeps in regular touch with the long list of prisoners waiting for a befriender.

Our befrienders come from a wide range of backgrounds. What they share is a desire to help people and what they offer is patience and dependability, warmth and understanding. Two volunteers Ben and John, who is our longest serving volunteer, each tell their story of being a New Bridge befriender in this report.

Befriending is not geographically based because we stick with prisoners who move all over the country. Geography does matter in the location of support groups which are the lynchpin of effective befriending. We want to start support groups in parts of the country we have not reached to make it practical for more people to become volunteers. The map of groups shows the potential. We would welcome ideas from supporters about getting started in new places.

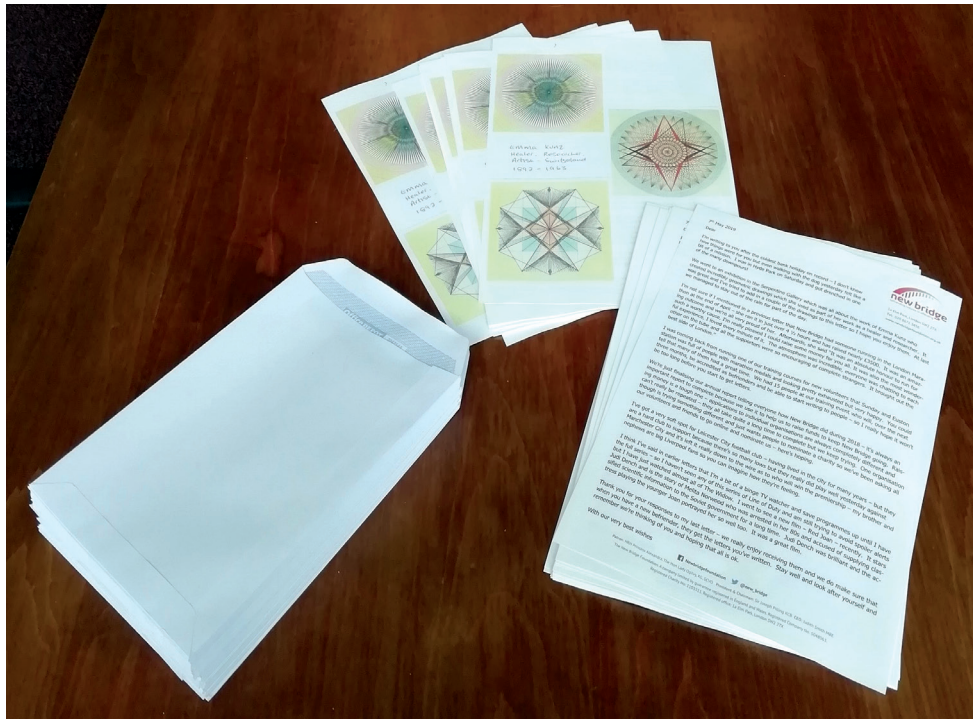
65 new volunteers trained in 2018, then attended two support group meetings before choosing their first prisoner. Inevitably, some volunteers left. Two new support groups took the number to 21. Creating groups is the priority to enable growth. First, more groups help us to recruit more volunteers, then more volunteers help us to befriend more prisoners but new volunteers take time to gain the confidence and experience to befriend two to three prisoners each, so growth is inescapably quite a time-consuming business.

Being a befriender can be personally time consuming too: our volunteers travelled 121,665 miles in 2018. I would like to thank all of them for their commitment to New Bridge.

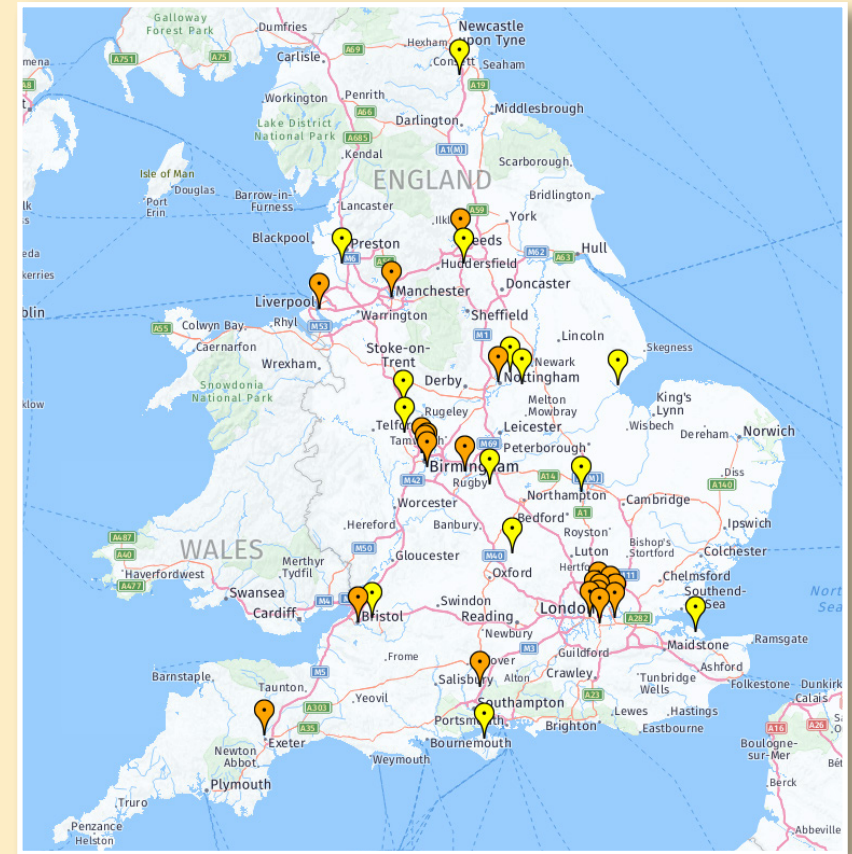
Helping us to work more efficiently with befrienders is our new website, with a volunteers section, along with the upgrade of all our IT equipment.

The introduction of the General Data Protection Regulation in 2018 placed the same obligations on small charities as public services and businesses. We reviewed all personal data and processes then put this to HMPPS for scrutiny so we continue to command their confidence in how New Bridge operates.

**Judith Smith**



New Bridge Regional Support Groups (orange)  
Prisons where more than 50% of befriendees are located (yellow)



**Support group meetings:**

- 9 groups in London
- 4 groups in Birmingham
- 1 group in Bristol, Exeter, Hampshire, Leeds, Liverpool, Manchester, Nottingham
- 1 virtual group

## Why is visiting or writing to someone in prison so important?



At a basic, human level, loneliness and isolation are the hardest part of a sentence for many prisoners. I did not find any holiday camps in my time as Chief Inspector of Prisons. Of the privations prisoners face, loneliness is amongst the most severe.

Let me tell you about a prisoner I met who has always stuck in my mind.

In a modern, new build prison, he was in a narrow, single cell. Sealed windows, airless and sour smelling. Uncovered toilet at the end of the bunk and a sheet draped over the window as a curtain. Toiletries were lined up in exact, neat rows on a shelf. A matchstick model in the corner. He had used toothpaste to stick pictures of his children to the wall. 'They don't visit' he told me - and wept.

I was the first person he had spoken to since the day before. Prison officers, thinner on the ground than they used to be, moved quickly from task to task or were in the central hub on the computer.

Remember Porridge? Well - no Mr McKay or Mr Barraclough here, with time to stop and chat. A breakfast pack was served the night before. Other meals were collected to eat in cell. A kiosk, like a hole in the wall cash machine, dealt with day to day requests and queries remotely, terribly efficiently, without an officer needing to speak to him.

So it went on, day after day. Alone with his thoughts. What were they? Shame? Resentment? Despair? Anger? Fear? A mixture of all of these?

Imagine being that man, stuck in his cell on his own – imagine that as you go back to your homes and families and prepare for Christmas.

Then imagine this. A letter arrives, not asking for anything, but interested in you and with news, like a window on the outside world. Or imagine tomorrow will not just be a repeat of today because you have a visit to look forward to.

Both are a chance to share your concerns with someone who won't judge. Or to have a normal conversation, to chew over the news, to talk or write about plans for the future.

Today there are around 250 New Bridge volunteers doing just that for more than 630 prisoners. May not sound like much until you think of its absence.

These visits and letters, more than a distraction, are an affirmation – you are not worthless, there is hope, you are not forgotten, there is a better version of yourself.

And out of these seeds sometimes change does come.

So I applaud the New Bridge volunteers and thank them for the work they do.

Not everyone can visit a prisoner – but we can all support those that do. I am pleased to have the opportunity to do so - and hope you will want to do so too.

**Professor Nick Hardwick**  
**Celebration of Christmas 13 December 2018**

## Christmas Concert 2018



## On being a New Bridge Befriender

When I started I used to type my letters. I thought, that's ok, and after about half a dozen letters a guy wrote back saying "Ben would you mind hand writing your letters because they are much more personal". Of course, you should write. My next letter, I hand wrote it and have ever since. But the funny thing is the next letter I got back from him, he said "Ben I can't read your writing".

Letters are great to receive, handwritten letters. If a letter means so much to us - we have friends, telephone calls - imagine transporting yourself to an 8 ft prison cell where you don't see anybody from outside. The only letter or visit you have will be from your New Bridge volunteer. How important?

I write to three people, here's one: "I decided to contact New Bridge as incoming mail was really nonexistent and it's nice to be able to talk to someone you know will write back. You asked me a couple of questions. Yes, I do feel a volunteer plays an important role for us inmates. Some people don't get any mail whatsoever and won't talk to other people. It's nice to know there's always someone listening. We're all inmates at the end of the day, all crave the same thing - mail. Mail makes or breaks our day".

Anybody thinking of becoming a volunteer needs to be prepared to visit. The first occasion I was anxious. Never been inside the prison. How does the system work? What am I going to do with a couple of hours with this guy? It was an open prison, you can go out to town for four or five hours, then have to be back. So, I turn up: he was in town. They contacted him and asked "Do you want to see Ben". I'm his only visitor. He said "Yes, I do". So, the prison then went to collect him, bring him back to prison just so he could see me. The idea that a prison is ringing someone on the outside to bring them back to prison just to meet their visitor is quite funny.

Being a volunteer has made me more aware of those that haven't been as privileged as me. It is an eye opener. I definitely have become less judgemental. Just to give you some idea of who they are when they don't have the label of prisoner on their forehead - one is a great artist and has sent me stunning work.

I stay in touch with a couple of people, go to football matches with one. He sends me postcards. Recently he went to Sicily. The postcard said "Who would have thought back in 2007 I would be sending you a post card from Sicily - ha ha ha." Absolutely brilliant, it's on my fridge, brings a smile to me every time I see it.

**From podcast by Ben Owen, volunteer since 2001, produced by Chris Attaway**



Letters received from people in prison in just one day

# A Bridge Building Ethos

It should not come as any great surprise that New Bridge is enthusiastically involved in building new bridges.

For when Lord Longford and a group of his friends founded the Charity in 1956 they did so in order to challenge the prevailing attitude in British society of those days that those sent to prison should be ostracised as outcasts and pariahs.

Mercifully, times have changed. New Bridge is now in the vanguard of creating a second chance spirit of fresh hope for prisoners and ex-offenders.

“O Lord, please change the world – and begin with me” is a saying attributed to St Augustine of Hippo. It applies well to the pioneering, bridge crossing, bridge building spirit of today’s New Bridge Foundation.

We know that some of our Charity’s best befrienders are ex-offenders who were once themselves befriended when they were serving prison sentences.

We also know that many of our completely inexperienced newly recruited volunteers cross the bridge of prison ministry experience. Gradually they become group leaders and mentors to our most recent rookies signing on for their first New Bridge assignments.

Look at the example of our Patron, HRH Princess Alexandra of Kent. When she accepted the post in 1968, royal patronage of a prison charity was regarded as suspiciously and riskily avant garde.

Fifty years on, Princess Alexandra’s long crossing of the bridge has won acceptance and acclaim. Her example has been followed by several other distinguished royal prison visitors and supporters of prison charity work.

Perhaps I can count myself as an example of New Bridge’s bridge building ethos. When I was sitting in a cell in HMP Belmarsh in 1999 serving my 18 months sentence for perjury I was just about the most publicly vilified prisoner in the country. Privately my spirits were at the lowest of low ebbs.

Today I am in the highest of grateful spirits, blissfully happy and fulfilled in my work as an Ordained Prison Chaplain at HMP Pentonville.

Crossing the bridges from being a convict to a chaplain has not always been an easy journey. I began it through lay prison work for various charities including New Bridge where I have been honoured to serve for some years as a Vice-President.

I rejoice in the fact that an increasing number of employers, charities, mentors and providers of second chances are entering the arena of building bridges for offenders to cross into fresh starts within the community. New Bridge pioneered this great work. Long may we continue to lead and develop it.

**Reverend Jonathan Aitken**



© prisonimage.org



New volunteers attending their training weekend



# From being befriended to being a befriender

"I was looking for a way to lessen the loneliness and isolation that was crushing me with despair. I have no-one outside and just wanted to be able to converse with someone not in jail and hear how the world is going on. I only write to anyone else to ask for an arts supplier catalogue."

"I've been in touch with my befriender for six months – I always look forward to my letter because I know someone out there is thinking about me and helping me get through my sentence. I'm looking forward to my very first visit and feel better about myself. If I had never been introduced to New Bridge, I would never have got where I am today."

"Coming to prison, I lost everything – my home, job, possessions, even my dog. Friends and family avoided me. It was incredibly painful and the loneliness was awful. New Bridge was there for me when no-one else was. I have had regular contact with my befriender for a while now and she has come to visit me twice. It really did help me emotionally. I would possibly on release consider if I could in turn be a befriender. It has been a life saver for me."

"I've had an amazing outcome. I had no outside contact, was feeling low and getting lower. I needed to drag myself out of this. It has helped me see that I have a lot to share, that I am capable of more than I thought I was with regard to my art work and open university studies. It has helped me see that I am more than my past."

"I feel more hopeful about the future – I feel that I'll have a 'friend' when I get out. That has never happened before. I find that I am interested in another person's life – work, social and, to an extent, personal. This is also a first. I like myself more."

"New Bridge gave me a kick in the right direction and most of all helped me find that human being behind the offender mask. New Bridge did more than be my befriender, they saved me, changed my attitudes and life. If there is ever any way I can be of service to your organisation please don't hesitate to contact me."

"I had burned all my bridges. All family ties ruined. I have spent years in prison for violence and many other crimes. My New Bridge volunteer was a constant positive in a very negative life and a new bridge was formed by her consistent support throughout my sentences and post release. I, in turn have befriended someone in prison and I now help train prospective volunteers to befriend prisoners."



## Learning from a long sentence with New Bridge

**John Collier is our longest standing Befriender.** He has been a New Bridge volunteer since 1989 and his connection with people in prison goes back to the 1960's when he was a prison visitor at HMP Wormwood Scrubs.

John decided to befriend people with New Bridge because he would be supported by a voluntary organisation, be independent of the prison service and be able to follow someone through their sentence wherever they went. He recognised friendships would grow through shared interests and he determined that he could listen to and respond to the needs, interests and aspirations of new friends.

John believes that we are all shaped by our backgrounds and that he could easily have found himself in the position of some people he has befriended. In the past his own struggle with mental health made him feel deeply angry and he could have ended up where his friends are. He learned, both from people he befriends and from all at New Bridge who support befriending, to be more patient when facing difficult situations and to deal with things calmly.

Describing all his experiences with New Bridge as "a constant learning curve every day" John tells how being a New Bridge befriender has influenced his work and thinking within mental health and especially in personality disorders. "You bring your New Bridge experience into everything that you do".

Early on, John was chair of support groups in London. On moving to Liverpool, he not only chaired two groups in the region but also joined the volunteers supporting people through the gate on release. Today he is a befriender, chairs our Liverpool support group and writes and edits our volunteers' newsletter.

Corralling volunteers to stay within the New Bridge guidelines can be challenging and he is conscious of the hazardous and complicated friendships that may develop inadvertently within befriending relationships. He tries to steer in the right direction.

John sums up his own befriending: "I regard everyone in prison as a person who is going through a recovery journey and not just as someone who is being punished - and that's how I always approach them. What we do at New Bridge is a social necessity. We support people to change."

## New Bridge Befriending Evaluation 2018

**It is over 20 years since I first observed the work of New Bridge volunteers supporting long term prisoners, many of whom had little or no family links and were located a long distance from home.**

**The dedication, commitment and enthusiasm of the volunteers had a visible impact upon the individuals they were supporting. I am, therefore, not at all surprised to see the impressive results of the evaluation.**

**Prisons can be very busy spaces where, despite the numbers of people, many can find them isolating and struggle to cope with the environment.**

**The very positive impact that prisoners report on their feelings of isolation, well-being, self-esteem and confidence is a significant achievement for the befriending service and the volunteers who provide the support.**

**Well done to all at New Bridge on the positive outcomes reported in this evaluation.**

**Al Reid**

**National Probation Service Security Lead, HMPPS**

New Bridge has provided support to people in prison since 1956. Our latest evaluation reviews the experience of incarcerated individuals befriended through New Bridge, evaluates the impact of the service on the lives of people in prison, and considers ways in which to improve the Befriending Service.

A total of 185 individuals contributed to the evaluation, serving predominately indeterminate and long determinate sentences for a range of categories of offence, including serious offences of a violent and sexual nature. For 46% this was their first time in prison. Prior to contacting New Bridge 26% received no letters, visits or phone calls from anyone outside of prison.

The majority of participants (60%) found out about New Bridge through word of mouth. Others found out through advertisements in the Inside Time newspaper and leaflets in prison. When asked why they applied to New Bridge for a volunteer befriender, five key

themes emerged: (1) access to non-judgemental support; (2) contact with someone outside the prison community and family; (3) to receive regular mail and visits; (4) to talk to someone with shared interests; and, (5) help to reduce feelings of isolation.

97% said that the information they received about the Befriending Service and how it worked was easy to understand. Some commented that they appreciated the interim letters that they received from New Bridge whilst waiting for a befriender. Overall, the majority of participants were satisfied that their expectations of the Befriending Service had been met or somewhat met. Participants said that New Bridge had positively affected their lives in prison and thoughts about the future:

- Reduced feelings of isolation (92%)
- Improved emotional health and well being (77%)
- Boosted self-esteem and confidence (74%)
- Better understanding of attitudes and behaviours (69%)
- Gained motivation to contact friends, family, or people from other organisations (58%)

When asked if they would recommend this service to others that they have met in custody, 98% of participants said yes. Befriending was especially recommended for those who have no contact with the outside world.

Participants recommended that New Bridge should be promoted to all new arrivals during the induction process. Some also suggested that more awareness could be raised about Befriending through talks in prison, advertisements on prison notice boards and on National Prison Radio. Others proposed training people in prison to be New Bridge Reps, to promote the service and to share their experience.

**Sophie Rowe, New Bridge Volunteer & Criminology Lecturer,  
Birmingham City University**

## Volunteers challenging themselves for New Bridge in 2018



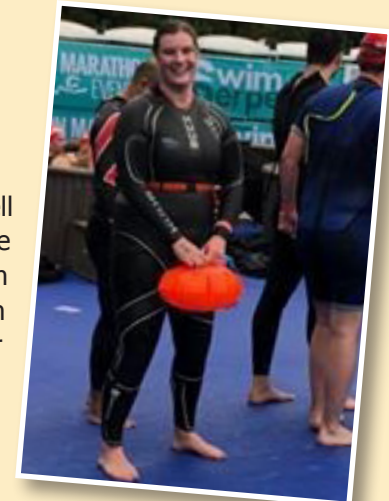
Tom Pilling took on a highlands expedition in February 2018



Faye Dyke ran the London Marathon in April 2018



Ben Varnalls swam two miles in the London Swimathon in September 2018



Amy Mitchell swam one mile in the London Swimathon in September 2018

They were all sponsored by friends and family and brought nearly £5,000 much needed extra income to New Bridge

# Thank You to our Supporters

We could not run this service without your help. We would like to thank all the people, trusts and businesses that support us with donations large and small. You have helped to give people in prison a chance to change. Listed below are donors who were able to support us to the value of £1,000 or above.

1772 Charity Debtors' Relief Funds Charity (The)  
29th May 1961 Charitable Trust (The)  
A B Charitable Trust (The)  
Albert Hunt Trust (The)  
Alec van Berchem Charitable Trust  
Benjamin Pilling QC  
Carr-Gregory Trust (The)  
C B & H H Taylor 1984 Trust  
Charles Irving Charitable Trust (The)  
Chesterhill Charitable Trust Ltd  
Christopher Rowbotham Charitable Trust (The)  
City & Metropolitan Welfare Charity  
Constance Travis Charitable Trust (The)  
CSIS Charity Fund  
Dischma Charitable Trust  
HBJ Trust (The)  
Jessie Spencer Trust (The)  
Langdale Trust  
Lord Faringdon Charitable Trust (The)  
Michael & Shirley Hunt Charitable Trust (The)  
Oak Trust  
Odin Charitable Trust (The)  
Park Family Charitable Trust (The)  
Sir James Reckitt Charity (The)  
Sir James Roll Charitable Trust (The)  
St Luke's Church, South Battersea  
Steel Charitable Trust  
Tolkien Trust (The)  
W F Southall Trust (The)  
Zochonis Charitable Trust (The)



*Inside Time* produces over 60,000 copies of each monthly issue which are then distributed free of charge to prisons, detention centres, special hospitals. They are also available in the visits centres for visitors to read or take away. This provides family members with a more accurate picture of the issues faced by their loved ones and the information can enable them to help understand and perhaps resolve some of the difficult issues that may arise.

Most national newspapers thrive in troubled times when negative news provides a seemingly endless flow of sensational headlines to attract more readers. There was never much work required to find ample material to fill their pages in 2018.

In contrast, *Inside Time*, always striving for a good balanced picture, found it much more difficult to find the positive news to publish alongside the very worrying situations HMPPS struggled to contain in 2018. The importance of shining a light on the good positive work that had been happening behind the scenes was never greater. The hard work of so many who desperately tried and thankfully succeeded to gradually turn things around always deserves more recognition than it tends to get. That said, it was as surprisingly difficult to find out about the good work that went on behind the scenes as it ever has been.

One such hidden gem and a stand out positive project of 2018 was 'In House Records'. Music bringing prisoners and staff together, developing new budding artists, vocalists, lyricists and musicians and others managing the performers and organising the events.

Judah Armani, the inspiration behind it had been working with homeless people before he went from prison to prison trying to get people interested in his idea. Finally, HMP Elmley saw the potential and 'In House Records' became a reality. A perfect example of what could be achieved when a Governor is willing and allowed to try something different. With the support of Universal Records, Island Records, Ernst & Young and The Royal College of Arts the Ministry of Justice thankfully took the proposal seriously.

National Prison Radio also agreed to feature the music produced and help spread the word.

The words of one of an 'In House Records' Rap artist at HMP Elmley and a prison officer engaged in the project

*" Took a leap of faith, look where we landed. Not quite free, but I'm no longer stranded. It's all good as long as I have this 'cos its music that helps when things are at its baddest. "*

## In House Member HMP Elmley

"The label has been the best part of my nine-year career in the prison service. Working with men who want to change and be the best versions of themselves has had a positive effect on my attitude."

## Prison officer – Tom Cunningham

For *Inside Time* it inspired the launch of our 'Inside Rap' page which is proving to be equally popular.

In House Records now operate in several prisons and also look after their artists on release

## John Roberts, Director and Publisher - *Inside Time* Limited

# Summarised Financial Statements

## Hon Treasurer's Report

The accounts for The New Bridge Foundation for the year ended 31 December 2018 have been reproduced in summary on the following pages and are supported by the independent examiners report.

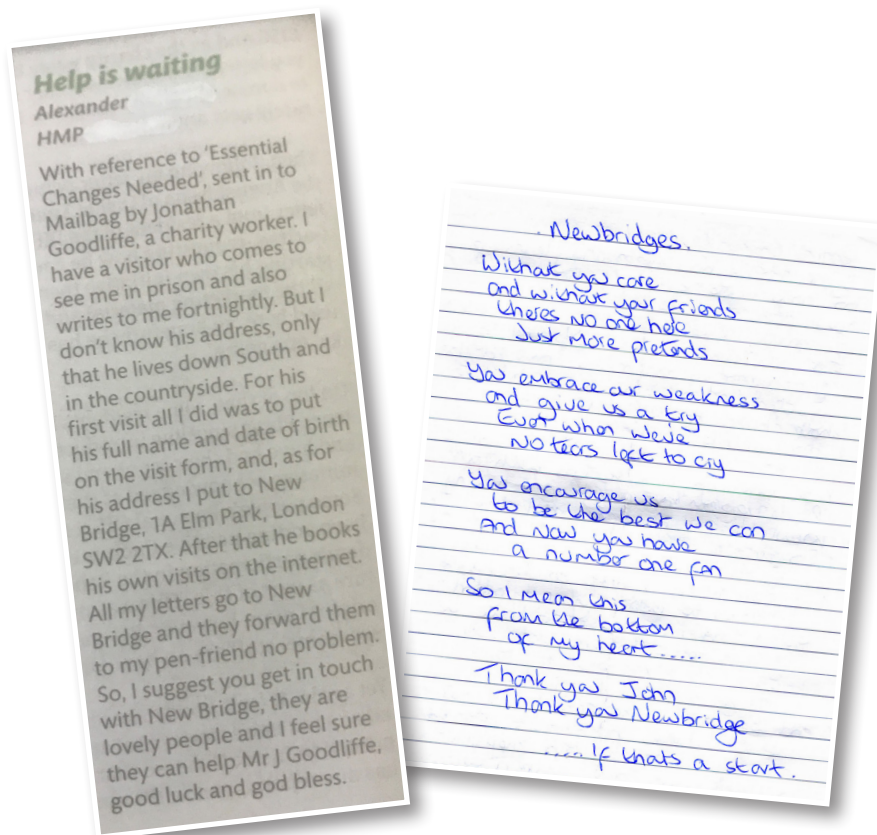
The accounts do not include the results of the subsidiary company, Inside Time Limited, as consolidated accounts are not required. However the figures for Inside Time Limited for the year ended 31 December 2018 have been summarised below:

## Income & Expenditure Account

	2018 £	2017 £
Turnover	520,182	631,189
Cost of sales	-359,738	-428,110
Gross profit	160,444	203,079
Administrative expenses	-156,125	-196,919
Interest	25	-
Taxation	-841	-1,177
Net Surplus	3,503	4,983

## Balance Sheet

Fixed Assets - Tangible	1,880	1,823
Current assets		
Debtors	111,938	83,428
Cash at bank	80,474	204,195
Creditors – due within one year	-135,769	-234,426
Net current assets	56,643	53,197
Total assets less current liabilities represented by accumulated reserves	58,523	55,020



The New Bridge Foundation

Balance Sheet  
At 31 December 2018

	Unrestricted fund £	Restricted funds £	2018 Total funds £	2017 Total funds £
<b>CURRENT ASSETS</b>				
Debtors	30,000	-	30,000	39,336
Cash at bank	276,741	-	276,741	60,721
	<u>306,741</u>	<u>-</u>	<u>306,741</u>	<u>100,057</u>
<b>CREDITORS</b>				
Amounts falling due within one year	(7,001)	-	(7,001)	(13,102)
	<u>299,740</u>	<u>-</u>	<u>299,740</u>	<u>86,955</u>
<b>NET CURRENT ASSETS</b>				
	<u>299,740</u>	<u>-</u>	<u>299,740</u>	<u>86,955</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>				
	<u>299,740</u>	<u>-</u>	<u>299,740</u>	<u>86,955</u>
<b>NET ASSETS</b>				
	<u>299,740</u>	<u>-</u>	<u>299,740</u>	<u>86,955</u>
<b>FUNDS</b>				
Unrestricted funds			299,740	81,955
Restricted funds			-	5,000
<b>TOTAL FUNDS</b>			<u>299,740</u>	<u>86,955</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2018.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2018 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on 15/12/19 and were signed on its behalf by:

  
Sir Joseph Grant Pilling KCB -Trustee

  
Alistair Henry Ellis Smith -Trustee

The New Bridge Foundation

Statement of Financial Activities  
for the year ended 31 December 2018

	Unrestricted fund £	Restricted funds £	2018 Total funds £	2017 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>				
Donations and legacies	438,541	-	438,541	157,597
<b>Charitable activities</b>				
Befriending	-	-	-	12,000
Investment income	54	-	54	5
<b>Total</b>	<u>438,595</u>	<u>-</u>	<u>438,595</u>	<u>169,602</u>
<b>EXPENDITURE ON</b>				
Raising funds	39,858	-	39,858	34,443
<b>Charitable activities</b>				
Befriending	151,242	-	151,242	123,158
Youth Education	-	-	-	4,140
Special Events	2,952	-	2,952	9,694
Administration costs	26,758	5,000	31,758	10,793
<b>Total</b>	<u>220,810</u>	<u>5,000</u>	<u>225,810</u>	<u>182,228</u>
<b>NET INCOME/(EXPENDITURE)</b>	<u>217,785</u>	<u>(5,000)</u>	<u>212,785</u>	<u>(12,626)</u>
<b>RECONCILIATION OF FUNDS</b>				
<b>Total funds brought forward</b>	<u>81,955</u>	<u>5,000</u>	<u>86,955</u>	<u>99,581</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>299,740</u>	<u>-</u>	<u>299,740</u>	<u>86,955</u>

**Independent Examiner's Report to the Trustees of  
The New Bridge Foundation**

**Independent examiner's report to the trustees of The New Bridge Foundation ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2018.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Chartered Certified Accountant which is one of the listed bodies

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached



Jeremy Harrod FCCA  
Chartered Certified Accountant  
Grant Harrod Lerman Davis LLP  
Chartered Accountants  
1st Floor  
Healthaid House  
Marlborough Hill  
Harrow  
Middlesex  
HA1 1UD

Date: 16/04/2019.....

**Patron:**

Her Royal Highness Princess Alexandra  
The Hon Lady Ogilvy KG GCVO

**President & Chairman:**

Sir Joseph Pilling KCB

**Vice Presidents:**

Reverend Jonathan Aitken  
Professor David Wilson

**Board of Trustees:**

The Trustees shown below have held office during the whole of the period from January 2018 to the date of this report.

A H E Smith - Honorary Treasurer  
Dr P Bennett  
F Dyke  
Dr L Garne  
R Hill  
S Nicholas MBE  
J O'Reilly  
S Zalin

**Chief Executive**

Judith Smith MBE

**Company Secretary**

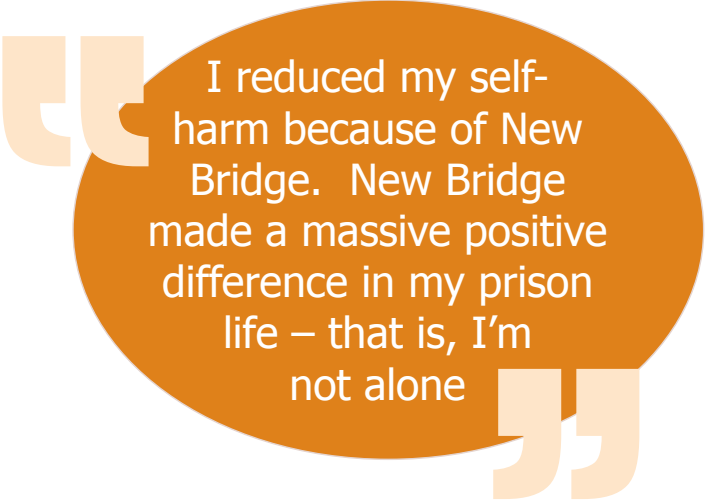
Donna Frances King

**Bankers:**

Barclays Bank PLC	CAF Bank Ltd	HSBC
5 High Road	25 Kings Hill Avenue	210 High Holborn
Willesden Green	Kings Hill, West Malling	London
London NW10 2TE	Kent ME19 4JQ	WC1V 7HD

**Solicitors:**

Bates, Wells & Braithwaite  
10 Queen Street Place  
London EC4R 1BE



I reduced my self-harm because of New Bridge. New Bridge made a massive positive difference in my prison life – that is, I’m not alone

## **New Bridge**

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W: [www.newbridgefoundation.org.uk](http://www.newbridgefoundation.org.uk)



@new\_bridge



[www.facebook.com/Newbridgefoundation](http://www.facebook.com/Newbridgefoundation)

The New Bridge Foundation

A company limited by guarantee in England

Registered Company No: 5048063

Registered Charity No: 1103511